



# ZIONESS



## A SAFETY GUIDE FOR ZIONESS ACTIVISTS

**Dear Zionesses:** If you're going to a rally, Yashar koach! We're proud of you representing us and our people and we've got your back. BUT your safety is more important than anything else. We've put together a few tips to help you stay safe, so please read and share!

**Remember:** YOU are the best judge of YOUR safety. Trust your instincts, and leave if a situation escalates or starts to feel unsafe.

- Don't go it alone! There is safety in numbers, and we encourage our activists to attend public gatherings together, meet up a short distance away from the event beforehand, and STAY together.
- Buddy up. For groups larger than 5, we encourage a buddy system. Pick a buddy and exchange cell phone numbers. You and your buddy should keep an eye on each other throughout the event.
- Make sure your cell phone is fully charged. In order to ensure that you can call for help or contact your buddy if needed, fully charge your cell phone prior to the event, and bring a portable charger if you have one.
- Be aware of your surroundings. Notice the folks around you, especially if there are counter protestors. If anyone stares or is intently focusing on you or your group, notify your fellow activists, and move to a different area. Keep an eye out for street signs or other landmarks as you march or move around. In an emergency, you want to be able to communicate exactly where you are.
- Trust your gut. If you have a bad feeling don't ignore it. Communicate with your fellow activists, and ALWAYS PUT SAFETY FIRST. If you are not sure whether to stay because a situation feels unsafe, you should leave.
- For general safety, it's a good idea to wear a mask, bring water, hand sanitizer, and have a backpack or fanny pack for critical items like your ID, cell phone, any cash.